



WESTERN CANADA'S LARGEST AND MOST POPULAR WOMEN'S SHOW IS BACK
FOR ITS 19TH YEAR

*3 days of non-stop fun, fashion, food, shopping, show specials, pampering
and an unmatched celebrity line-up!*

ABBOTSFORD, BC – The West Coast Women's Show returns to TRADEX Trade & Exhibition Centre in Abbotsford, October 18, 19 & 20. At the once-a-year 'Ultimate Girl's Weekend' you can shop & save at over 400 pop-up boutiques, experience incredible not-to-be-missed entertainment on THREE stages, and pamper yourself with in-show Spa treatments, all under one roof!

Don't miss your chance to see Celebrity & culinary legend **Chef Massimo Capra** from Chopped: Canada and Top Chef Canada, live on the Chef's Kitchen Stage on Saturday, October 19th, presented by Born 3 Eggs.

Also on Saturday, **Bif Naked**, one of Canada's most celebrated performers & Humanitarians, will be hosting an intimate conversation on the Main Stage, as she headlines the Women Empowering Women series.

And on Sunday, October 20th, catch TV icon **Michelle Stafford aka "Phyllis Summers"** from The Young and the Restless, live on the main stage.

NEW this year are the **Veg Showcase** and **Sustainable Living** show highlights. Sample the latest vegan and vegetarian food products; get the tools you need to grow your own produce; learn the benefits of eco-friendly skincare; achieve a more sustainable lifestyle with plant-based packaging; and shop for the trendiest eco-fashions!

This year will also see returning show favourites, like the Hall of Flame Calendar Firefighters fashion show & Martini Nights, the World of Taste where you can sample delicious cuisine; the Artisan's Marketplace showcasing all things crafty, unique and Canadian.; and the Fashion & Style area with the Fashion Hub featuring five of the trendiest boutiques and fashion trucks in BC.

The West Coast Women's Show offers something for every taste, style & budget. Show themes include Fashion & Style, Home & Interior Décor, Beauty, Health & Wellness, World of Taste, Artisan's Marketplace, Careers and Opportunities and Travel & Adventure.

Discounted tickets available online at www.westcoastwomen.net and are \$10 per day for adults.

WHAT: 19th Annual West Coast Women's Show

WHEN: Friday, October 18 1pm - 9:30pm

Saturday, October 19 10am - 9pm

Sunday, October 20 11am - 5pm

WHERE: TRADEX - Trade & Exhibition Centre, Abbotsford

GATE ADMISSION: Adult \$12

Seniors (65+)	\$9*
Youth (13-17)	\$9
Children (6-12)	\$4
Children (5 & under)	FREE

** Seniors Day (Friday 1pm to 5pm): \$7.00*

*SAVE \$2 off **Adult Admission** by buying tickets online at www.westcoastwomen.net
or at the service counter of all Lower Mainland London Drugs stores (starting September 27)*

Ticket Prices include GST.

ABOUT: The West Coast Women's Show has been hosting the ultimate girl's weekend since 2000. The Show features celebrity guests, networking, shopping, inspiring speakers and more. Established by Encore Exhibitions Inc., the Show, held at the TRADEX Trade & Exhibition Centre in Abbotsford features over 400 booths in addition to more than 24,000 annual attendance and is Western Canada's largest Women's Event. Visit www.westcoastwomen.net for details and tickets.

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For more information, please contact:

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